

Grace Episcopal Church
 5291 N. Main St.
 Spring Hill, TN 37174
 931-486-3223
 Office@grace4sh.org

Grace Notes

Volume VII, Issue 4
 April 2024

It is the Mission of Grace Episcopal Church to bring glory to God, build the spirituality of our people and bring Christ to our community.

Grace Notes is the monthly newsletter for Grace Episcopal Church in Spring Hill. If you would like to contribute an article or comment, please reach out to a member of the Grace Notes committee: Peggy Roberts, Carol Martinez, and LaRue Schmelzer.

Services & Continuing Events

Sun.	10:00 AM	Holy Eucharist
	10:00 AM	Children's Church
Sun.	10:00 AM	Facebook Live Service
Tues. 3:00 PM		Inquirer's Class, Cont.
Tues. & Fri.	7:00 PM	AA Meeting
Wed.	10:00 AM	Daughters of The King, (monthly)
Wed.	Noon	Holy Eucharist
	11:30 – 3:00 PM	Father Joe, Office Hrs.
Thur.	9:00 AM	Crochet Club
Thur.	9:00 AM	Men's Breakfast, Grecian Restaurant

Events & Dates of Notes

Here are just some of the dates to note on the church calendar. Information on activities and programs at Grace will be received via email and Facebook.

April 13	9 – 2:00 PM	Stewardship Conf., St. Paul's, Murfreesboro
April 14	10:00 AM	Third Sunday of Easter
April 16	3:00 PM	Inquirers Class
April 17	6:00 PM	Mission Council Mtg.
April 20	9:00 – 1:00 PM	DOK Spring Assy.
April 21	10:00 AM	Fourth Sunday of Easter
April 23	3:00 PM	Inquirers Class
April 25		St. Mark the Evangelist
April 27	9:00 – 1:00 PM	Dio. Anti-Racism Trg. St. Paul's Church, Franklin
April 28	10:00 AM	Fifth Sunday of Easter
April 29	5:30 PM	Dio. Annual Roundup, Laymen
May 1		St's. Phillip & James, Apostles
May 5	10:00 AM	Sixth Sunday of Easter
May 9		Ascension Day
May 12	10:00 AM	Seventh Sunday of Easter

Vicar's Vagaries

The Great Fifty Days of Easter; Ascension Day Service, May 9

In spite of the great emphasis we place on Holy Week, Easter is the greatest and most significant season of the Church year. It lasts from Easter Day until Pentecost. This year, those dates are March 31-May 19, 50 days. This period includes Ascension Day, which always falls on the Thursday 40 days after Easter.

Ascension Day will be May 9 this year. We won't have a Wednesday noon Eucharist that week. Instead, there will be a 6:00 p.m. service on

<u>Newsletter Articles</u>	
Vicar's Vagaries-	Pg. 1-2
	Pg. 2
Loves Her Hymns	Pg. 2
The Goodness of Flowers	Pg. 2
Become Member of DOK	Pg. 2-3
Save One Life	Pg. 3
Mystery of Hot Cross Buns	Pg. 3
The Well Report	Pg. 4

Thursday to celebrate Ascension Day. We will also commemorate at this service the 146th anniversary of Grace Church's consecration, which occurred on May 16, 1878.

In the Nicene Creed, we say of Jesus, "He ascended into heaven and is seated at the right hand of the Father." His resurrection and the triumphant love of God give him unlimited power to pour divine life and love upon us throughout our lives. Through union with him, we are united to the Father.

Come to this special service and offer thanksgiving for the life and service of Grace Episcopal Church all these years, for the grace of God which has blessed you through his Church, and to join us in offering prayers for future blessings.

The Rev. Joseph N. Davis

(Please note: I will be away from Tuesday through Thursday, April 23-25, for the annual Clergy Conference of the Diocese of Tennessee. JND+)

♥ Her Hymns ♥

Many people believe that my love for hymns is only because of my background in music. I like to think that there is much more to it! The two are connected, and the older I get, the deeper the meaning becomes.

The hymns we sing each Sunday are full of scripture, doctrine, and theology, and I believe are the best teaching tools we have available to us. Putting music to words makes it much easier to memorize them. For example, how many theme songs and commercials from your childhood can you still sing? A little embarrassing, isn't it?

A friend of mine who was a chaplain in a retirement community told me that his favorite part of the job was the twice monthly chapel service in the memory care unit. Most of the residents were unable to communicate, were unaware of where they were, or even who they were. But each week at the chapel service they sang every verse of every hymn that was sung. He said it was always very moving.

When words and music are combined, the information is stored so deep in our memories, even

dementia cannot touch it. I urge you to pay close attention to the hymns and the service music each Sunday and become familiar with the words. They can offer comfort during challenging times and teach us about our faith. First Corinthians 14:15 tells us "I will sing with my spirit, but I will also sing with my understanding."

May we all sing with our hearts and minds!
Deanie Moore, Music Director

The Goodness of Flowers

By Michele Gibson-O'Grady

Upon careful examination of a flower, each stem and leaf, petal, and thorn displays the geometric design of our world. There are circles, spirals, triads to decades, each small evidence of the inventive mind and hand of God on earth.

In church, flowers or other live plants are present at the altar as a gift to God as a show of love for him, to decorate the sanctuary for the celebration of the Eucharist. Flowers mark the importance of the act of the Eucharist as a special and sacred event.

Our world and our lives today are difficult. We all benefit from celebrating the small appearances of truth, beauty, and goodness that are presented to us. So, the next time you have a special occasion or want to offer a remembrance of a beloved person who has blessed your life, think about making an offering to Grace Church for the Sunday flowers in memory or in honor of a special person, event, or anniversary. Let our whole church family celebrate your personal meaningful event with you, while honoring the Eucharist and our devotion to God.

Please call the Altar Guild, Linda Colmore, 931.982.6110; Michele Gibson-O'Grady, 615.775.7461; or Teri Mai, 713.478.6572 to reserve the date of your special occasions.

Considering Becoming a Member of Daughters of the King?

Members of the Daughters of the King Grace Chapter will attend the Diocesan Spring Assembly to be held Sat, April 20, 9-1:00 PM at St Phillip's Church, Nashville TN. The Rev. Caroline Osborne is the featured speaker for the event.

Grace DOK chapter will hold a meeting to share information and address inquiries about membership in the Order of the Daughters of the King. This meeting will be immediately following the Grace Episcopal service on June 2. Our Diocesan President Rita Sue Warner will be present to provide information and relative questions. Please contact Carolyn at 615.752.6467 for additional information.

Carolyn Warnick, DOK, Pres.

'Save one life, you are a hero.'

After this first article appeared in *Grace Notes*, can you now easily complete this sentence? "*Save one life, you're a hero. Save a hundred lives, you are a nurse.*" Grace Episcopal Church continues to be gifted with many healthcare workers and nurses, who have worked or continue to work in our surrounding communities saving hundreds of lives. Becoming more aware of these caring souls in our very midst is a tribute to them and a benefit to each of us. Please enjoy.

Erin Ruth Harvey has recently finished her medical training and is working at Morning Pointe, Memory Care, Spring Hill. With 20-25 assigned residents, Erin provides the most caring close personal attention these people will receive in the final chapters of their lives. Erin helps people wake up, get up, dress, and assists with all necessary hygiene care. Of course, Erin also prepares them for bed and is there to tuck them in as needed.

Erin says being able to help others is her passion in life, and providing that help is more important than the pay she receives. Second to her career, Erin loves babies, and her eyes were filled with sparkles as she talked about being an "aunt" to the two new additions in their family.

Erin Ruth Harvey was confirmed into Grace Episcopal in 2016 and has been a member for about seven years. She hopes her Episcopal faith helps her become a better person, and says that faith helps her in times of frustration. Erin also makes herself available in a number of different areas at Grace Episcopal.

Your work is priceless, Erin. Thank you.

Peggy Roberts, Communications

The Mystery of the Hot Cross Buns

Having heard about hot cross buns most of my life, I am in total agreement with the Google definition as *part magic, part superstition, and part religion*. In large part, the song/poem is really the only memory I have:

*Hot cross buns,
Hot cross buns,
One a penny,
Two a penny,
Hot cross buns.*

*Get them while they're hot,
And eat them by the ton,
One a penny,
Two a penny,
Hot cross buns.....*

Early history of these wonderful buns began sometime in 1300, created by pagans as an offering to the Goddess of Spring. The "X" on the baked goods signified the four seasons for them. In 1733, hot cross buns were noted in *Poor Richard's Almanac*. A monk baked and distributed them to the hungry and poor. Hot cross buns were associated with Good Friday during the 18th century and were a definite nod to the Communion wafer. The buns represented Christ wrapped in the cross of his crucifixion.

Unable to reach the Barefoot Contessa with a direct call, I have failed to procure the absolute best recipe for hot cross buns for Grace Episcopal. I do know that some of the ingredients are active yeast, flour, milk, eggs, sugar, many spices, and candied fruits.

**I a m j u s t g o i n g t o t h r o w
t h i s o u t t h e r e !** Who will accept the challenge of finding the most delicious recipe for our GOOD FRIDAY HOT CROSS BUNS for next year?

Peggy Roberts, Communications



**April Food Donations:
51.5 lbs.**

* The approved Treasurer's reports will be posted in their entirety on the Faith Hall bulletin board for more complete member information.

David Thomas, Treasurer

5th Sunday Brunches

We will have a 5th Sunday brunch in June and September this year. There will be a sign-up sheet in Faith Hall closer to the time of the brunch. We encourage everyone to stay even if you do not have time to prepare food. It is a good way to spend time with others and have good fellowship.

Jessica Farmer

Clergy and Staff

The R. Rev. Dr. John C. Bauerschmidt, Bishop
The Rev. Joseph N. Davis, Vicar
Deanie Moore, Dir. of Music
Susan Browning, Financial Administrator

The Mission Council

Carol Martinez, Sr. Warden
Bill Rieger, Jr. Warden
David Thomas, Treas.
James Dallas, Christian Ed. & Children's Ministry
Charles Cochran, Community Outreach
Peggy Roberts, Communications
Jessica Farmer, Congregational Life

You may contribute to Grace Church at this link or by using the QR code below.

[https://graceepiscopalspringhill.org/#giving.](https://graceepiscopalspringhill.org/#giving)

